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## Vocabulary List 1

KEY

<b>word</b> (part of speech) [pronunciation] <b>common word forms</b>	definition alternate choices for words, including synonyms, phrases, idioms
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<b>abolish</b> (verb) [uh BOL ish] <b>abolition</b> (noun)	to do away with something cancel    repeal    put an end to    discontinue
--	---

<b>capable</b> (adjective) [KAY puh bull] <b>capability</b> (noun)	having the qualities or abilities needed to do something competent    proficient    efficient
--	--

<b>essential</b> (adjective) [ih SEN shul]	extremely important and necessary crucial    key    needed
---	---

<b>flexible</b> (adjective) [FLEX ih bul] <b>flexibility</b> (noun)	<sup>1</sup> capable of bending or being bent pliant    supple    elastic <sup>2</sup> easily changed adaptable    able to meet new situations
---	---

<b>humble</b> (adjective) [HUHM bul] <b>humility</b> (noun)	not proud and not thinking that you are better than other people modest    down-to-earth    unassuming
---	---

<b>hyperbole</b> (noun) [hy PUR buh lee]	exaggerated statements not meant to be taken as factual overstatement    stretch the truth    embellishment
---	--

<b>intercept</b> (verb) [in tur SEPT] <b>interception</b> (noun)	to take, seize, or stop before reaching an intended destination block    prevent    waylay    cut-off    hinder
--	--

<b>kin</b> (noun) [kin]	one's relatives; a group of persons of common ancestry flesh and blood    relations    family    lineage
----------------------------	---

<b>meander</b> (verb) [mee AN dur]	to wander aimlessly with little purpose saunter    amble    drift    mosey along
---------------------------------------	---

<b>navigate</b> (verb) [NAV ih geyt] <b>navigational</b> (adjective)	to make one's way over, to, or through a place pilot    traverse    steer    move
--	--

**A. Write the best word to complete each sentence.**

1. When asked to name something that they would change about school, students jokingly called for the \_\_\_\_\_ of homework.

intercept    meander    abolition

2. In his speech about a praiseworthy \_\_\_\_\_, Jie said he admired his Uncle Bao, a successful businessman from Shanghai, China.

abolition    kin    capability

3. When asked to describe a personal memorable moment in sports, Oliver wrote about the time when he was the goalie on his soccer team and his \_\_\_\_\_ of the ball helped assure his team's victory.

interception    abolition    navigational

4. After lunch, Ms. Mitchell reminded the students to hurry to their classrooms and not \_\_\_\_\_ in the hallway.

intercept    meander    navigate

5. As lunchtime drew near, Isabella, using a \_\_\_\_\_, declared, "I'm so hungry, I could eat a horse."

capability    meandering    hyperbole

6. Unlike Cassidy, who liked to boast about his swimming accomplishments, Ava, also a talented swimmer, was \_\_\_\_\_ about the many trophies and medals she had won.

humble    capable    essential

7. At the start of the new school year, Principal Garcia spoke to all students at an assembly in the auditorium. As well as reminding them of the school rules, he wished them a successful school year and said he knew each student had the \_\_\_\_\_ to achieve.

humility    flexibility    capability

8. Mr. Reyen, who taught health and physical education to all elementary students, demonstrated some stretching exercises that are important for \_\_\_\_\_ and also to warm up for more rigorous physical activity.  
humility    essential    flexibility
9. Mr. Reyen explained that stretching exercises were \_\_\_\_\_ to gradually increase the heart and respiration rate to avoid the sudden shock when the intense activity of a sport or vigorous exercise begins.  
humble    essential    capable
10. Principal Garcia approached a group of fifth grade girls chatting and laughing in the hallway and asked if he could help them \_\_\_\_\_ the way to their classroom so they wouldn't be late.  
navigate    intercept    meander
11. Ms. Blanchard reminded Cassidy that \_\_\_\_\_ is a virtue when she overheard him boasting about getting the autograph of an Olympic swimmer.  
flexibility    capability    humility
12. Aaliyah, Sabrina, and their mothers spent Saturday afternoon just \_\_\_\_\_ through the shopping mall, window-shopping, before they all went to a movie.  
meandering    abolishing    intercepting
13. Mr. Duncan reminded his class that along with sharpened pencils, a good eraser, and an ample supply of paper for practice, study time was the most \_\_\_\_\_ to prepare for the test on fractions.  
humble    capable    essential
14. Everyone was astounded that Naomi was so \_\_\_\_\_ when she did six flips in succession on the trampoline in the gym.  
flexible    humble    navigational
15. "Almost all my \_\_\_\_\_ were there, including cousins I didn't even know I had," said Dillon, when he talked about the family reunion he attended in Pittsburgh, Pennsylvania.  
humility    hyperbole    kin

**A.** (continued) Write the best word to complete each sentence.

16. While reporting on the famous Portuguese explorer Vasco da Gama, Luis explained that da Gama used \_\_\_\_\_ tools such as a sextant to measure the angle between a star and the horizon.      navigational      essential      flexible
17. Ms. Blanchard began the writing lesson by saying, “By the end of the first six weeks of school, I hope each student will have \_\_\_\_\_ all run-on sentences and sentence fragments in his or her writing.”      intercepted      meandered      abolished
18. After Julian’s mother called a baby-sitter to watch him over the weekend, Julian loudly complained that he was \_\_\_\_\_ of looking after himself.      essential      flexible      capable
19. Ms. Blanchard \_\_\_\_\_ the note that Molly tried to pass to Ofri during English class.      navigated      intercepted      abolished
20. “The room in which I had to stay at Lake Charlevoix was as small as a postage stamp,” said Isabella, talking about her Michigan vacation with her parents. Overhearing, Ms. Blanchard reminded her that she was using a \_\_\_\_\_.      hyperbole      capability      humility

**B. Write the best word from the choice box to complete each sentence.**

kin	abolished	intercepting	navigate
flexible	meandering	capability	capable
humble	essential	hyperbole	humility

1. The 13<sup>th</sup> Amendment to the United States Constitution \_\_\_\_\_ slavery.
2. “We need to be \_\_\_\_\_ about the date for our picnic in case it rains,” said Mr. Duncan.
3. After \_\_\_\_\_ a pass, Dillon’s brother, Brady, ran sixty-nine yards to score a touchdown for the Jefferson Falcons.
4. After the track meet on Saturday, using a \_\_\_\_\_ Gina exclaimed, “I’m so tired I cannot walk another inch.”
5. Principal Garcia intercepted Luis in the hallway outside of his office and asked, “Mr. Hernandez, why are you slowly \_\_\_\_\_ down the hall when you are obviously late for class?”
6. Damian claimed to be \_\_\_\_\_ to George Washington. “I’m a 13<sup>th</sup> cousin of George,” he boasted.
7. Some scientists believe that gray whales use visual landmarks such as a coastline or the contours of the sea floor to \_\_\_\_\_ from one place to another.
8. From \_\_\_\_\_ beginnings, Abraham Lincoln rose to become the 16<sup>th</sup> U.S. president in 1861.
9. In health class, Mr. Reyen said the mineral iron, which is found in foods such as red meat, turkey, pork, spinach, beans, and prunes, is \_\_\_\_\_ for young adults to build muscle and healthy red-blood cells.
10. Patty said the smart phone she received for her birthday was \_\_\_\_\_ of surfing the web, sending and receiving emails, playing music, and taking pictures.

### C. Story Challenge

Write the best word from the choice box to fill each blank in the story.

navigate  
essential  
abolish

flexible  
intercept  
capable

kin  
interception  
hyperbole

capability  
humble  
meander

## Discovery

Ms. Blanchard began class with a fun and informative exercise to learn about her new fifth grade class. First, she asked her students to write their names on index cards; then she collected the cards and put them into a shoebox. “Class,” she began, “on the board is a list of vocabulary words and definitions that I would like you to learn this week.” Students volunteered to pronounce the words and read the definitions, and then they wrote the words and definitions in their new English notebooks.

Next, Ms. Blanchard explained the exercise. “I will pick a name from the shoebox and that student will tell the class two interesting facts—one fact that connects in a personal way to any one of the week’s vocabulary words, and another fact about something personal that you feel comfortable in sharing.” Ms. Blanchard gave the class a few minutes to think about what each would say when his or her name was called.

Damian’s name was selected first. He began, “For me, ten hours sleep each night is <sup>(1)</sup> \_\_\_\_\_. If I don’t get my sleep, I tend to be grumpy all day. Also, my personal fact is that I have a yellow belt in taekwondo.”

Next, Ava responded, “I’m a very <sup>(2)</sup> \_\_\_\_\_ swimmer,” she said. “I’ve been on a swim team for almost four years. Also, I have two older brothers and one younger sister.”

Jie’s name was drawn next next. “Most of my <sup>(3)</sup> \_\_\_\_\_ come from Shanghai, China,” he said. “And, I like art, especially making origami animals.”

Oliver grinned when his name was selected. “If I was in charge of education, I would definitely <sup>(4)</sup> \_\_\_\_\_ school on Fridays. My week would be four days of learning and three days of fun. Also, I’m on the soccer team and we have a game this Saturday, so come to the game and cheer us on!”

Molly replied, “My family spends a lot of time sailing. Last summer I learned to <sup>(5)</sup> \_\_\_\_\_ by using a compass. Also, I love learning about sea life, and someday I’d like to be a marine biologist.”

After lunch, the exercise continued. When the kids were seated, Ms. Blanchard selected another card from the shoebox. Isabella began, “One of the words is <sup>(6)</sup> \_\_\_\_\_, which Mr. Duncan accused me of using yesterday before lunch when I said I was so hungry I could eat a horse. Also, a personal fact is that I have a new baby sister and her name is Claire.”

“Thank you, Isabella, and congratulations on the new family addition.” Next, Ms. Blanchard

pulled Cassidy's name from the box.

"I'm not very <sup>(7)</sup> \_\_\_\_\_," he said. "I've won many trophies and medals in swimming that I'm very proud of and sometimes I brag too much. Also, I like reading fantasy series, and my favorite is *The Pyrdain Chronicles*, by Lloyd Alexander."

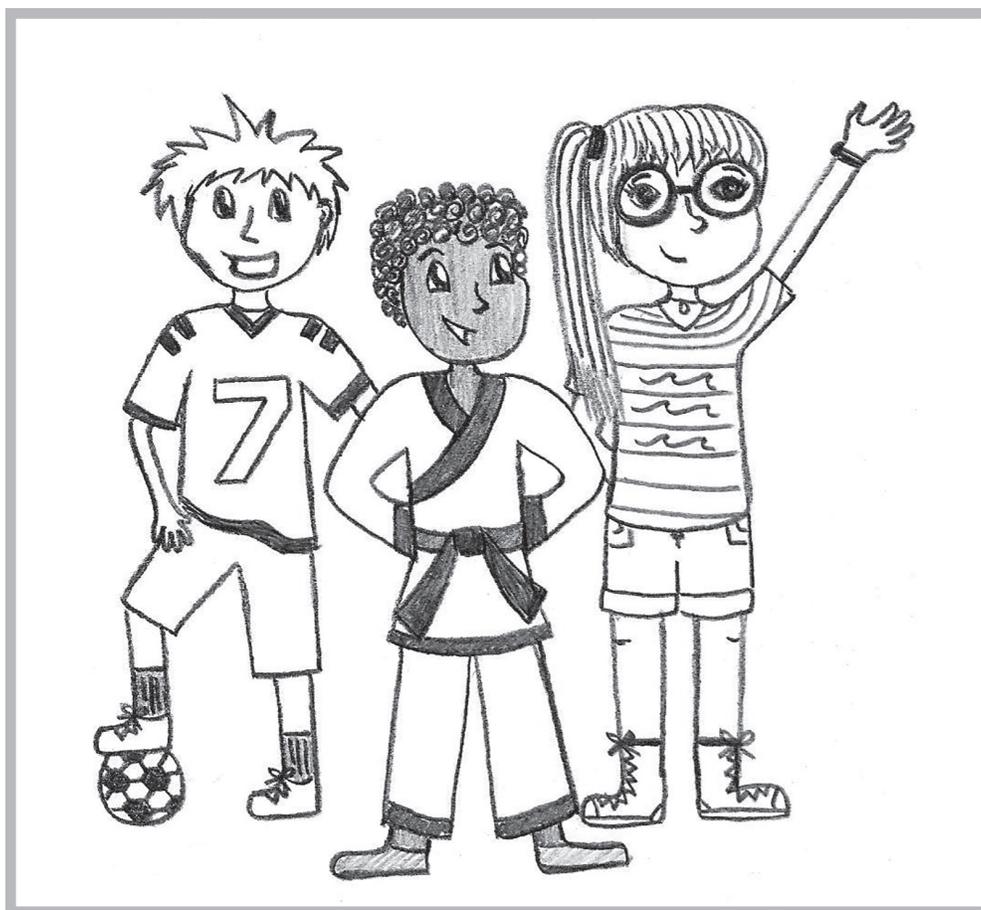
Naomi replied next, "I'm very <sup>(8)</sup> \_\_\_\_\_," she began. "I can do backbends, somersaults, and handstands. Also, my favorite subject in school is science, especially learning about the human body."

After Naomi came Dillon. "In Colorado, my family visited a missile defense site, and we learned how many ballistic missile defense systems are designed for the <sup>(9)</sup> \_\_\_\_\_ of enemy missiles, and also math is my very favorite subject."

"Mila," Ms. Blanchard read the name on the index card.

"I like to just <sup>(10)</sup> \_\_\_\_\_ through pet shops petting the kittens, puppies, and bunnies," she said. "Besides really liking animals, another fact about me is that I have twin sisters in middle school, Margo and Marcia."

Class ended and every student had the chance to respond. Ms. Blanchard's fifth grade class agreed that not only had they reviewed the week's vocabulary list, but they also learned a bit more about each other.



**D.** The underlined part in each sentence is a synonym, idiom, phrase, or definition for a list word. Unscramble the list word and write the word on the blank.

- |  |           |
|--|-----------|
| 1. Oliver explained that speed and focus are <u>indispensible</u> skills for a soccer goalie.  | _____     |
|  | sateienls |
| 2. "I've learned to be very <u>efficient</u> at changing and feeding Claire, my baby sister," said Isabella.   | _____     |
|  | lapebac   |
| 3. When Bob got his new electric wheelchair, he discovered it was much easier to <u>traverse</u> through the school halls.   | _____     |
|  | gveniata  |
| 4. One of Molly's favorite things to do on vacation is to <u>saunter</u> through an aquarium and observe the marine animals.   | _____     |
|  | emadenr   |
| 5. After learning that Mila has twin sisters, Aaliyah said she has <u>relatives</u> in Lebanon, Ahmed and Amir, who are identical twins.   | _____     |
|  | ink       |
| 6. In his informative speech, Damian explained that a participant needs to be <u>supple</u> and fast in taekwondo.   | _____     |
|  | belifxle  |
| 7. "My Uncle Matt calls me a computer genius," said Julian, "but I know he is using a/an <u>exaggeration</u> ."  | _____     |
|  | yeheboprl |
| 8. James is the best chess player in the fifth grade, but he is very <u>modest</u> about his ability.  | _____     |
|  | lmuheb    |
| 9. Ms. Mitchell hurried to <u>stop</u> Patty in the hall to tell her that softball practice was cancelled because of rain, but she could not catch her.  | _____     |
|  | rnptteeci |
| 10. "I make a motion to <u>cancel</u> Mr. Garcia's corny jokes," said Oliver teasingly after Mr. Garcia stepped into the classroom to tell his latest joke. "What's the difference between a teacher and a steam train?" he asked. No one knew, so he gave the answer. The teacher says, "Spit out that chewing gum immediately!" and the steam train goes, 'Chew, Chew.'" | _____     |
|  | hiablos   |

**E.** Write the word, idiom, or phrase from the choice box that best defines each list word.

- obstruct
- competent
- look like
- relatives
- necessary
- adventurous
- exaggeration
- steer
- modest
- do away with
- ramble
- bendable

1. abolish \_\_\_\_\_
2. capable \_\_\_\_\_
3. essential \_\_\_\_\_
4. flexible \_\_\_\_\_
5. humble \_\_\_\_\_
6. hyperbole \_\_\_\_\_
7. intercept \_\_\_\_\_
8. kin \_\_\_\_\_
9. meander \_\_\_\_\_
10. navigate \_\_\_\_\_

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F. Use each word from the choice box to write a complete sentence.

- |              |             |              |            |
|--------------|-------------|--------------|------------|
| 1. abolish   | 4. navigate | 7. essential | 10. humble |
| 2. meander   | 5. capable  | 8. hyperbole |            |
| 3. intercept | 6. kin      | 9. flexible  |            |

1. \_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_

3. \_\_\_\_\_  
\_\_\_\_\_

4. \_\_\_\_\_  
\_\_\_\_\_

5. \_\_\_\_\_  
\_\_\_\_\_

6. \_\_\_\_\_  
\_\_\_\_\_

7. \_\_\_\_\_  
\_\_\_\_\_

8. \_\_\_\_\_  
\_\_\_\_\_

9. \_\_\_\_\_  
\_\_\_\_\_

10. \_\_\_\_\_  
\_\_\_\_\_

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