

The Human Body



4th Edition Debbie & Richard Lawrence



God's Design® for Life is a complete life science curriculum for grades 3–8. The books in this series are designed for use in the Christian school and homeschool, and provide easy-to-use lessons that will encourage children to see God's hand in everything around them.

Printed January 2016

Fourth edition. Copyright © 2003, 2008, 2016 by Debbie & Richard Lawrence.

No part of this book may be reproduced in any form or by any means without written permission from the author and publisher other than: (1) the specific pages within the book that are designed for single family/ classroom use, and (2) as brief quotations quoted in a review.

ISBN: 978-1-62691-418-6

Published by Answers in Genesis, 2800 Bullittsburg Church Rd., Petersburg KY 41080

Book designer: Diane King Editor: Gary Vaterlaus

All scripture quotations are taken from the New King James Version. Copyright 1982 by Thomas Nelson, Inc. Used by permission. All rights reserved.

The publisher and authors have made every reasonable effort to ensure that the activities recommended in this book are safe when performed as instructed but assume no responsibility for any damage caused or sustained while conducting the experiments and activities. It is the parents', guardians', and/or teachers' responsibility to supervise all recommended activities.

Printed in China



Unit 1: Body Overview	7
1 The Creation of Life	
2 Overview of the Human Body	
Special Feature Leonardo da Vinci	
3 Cells, Tissues, & Organs	
Unit 2: Bones & Muscles	17
4 The Skeletal System	
5 Names of Bones	
6 Types of Bones 24	
7 Joints	
8 The Muscular System	
9 Different Types of Muscles	
10 Hands & Feet	
Unit 3: Nerves & Senses	38
11 The Nervous System	
12 The Brain	
13 Learning & Thinking	
Special Feature Brain Surgery	
14 Reflexes & Nerves	
15 The Five Senses	

16	The Eye
17	The Ear
18	Taste & Smell

Unit 4: Digestion

19	The Digestive System	
20	Teeth	
21	Dental Health	
22	Nutrition	
Special Feature Florence Nightingale		
23	Vitamins & Minerals	

Unit 5: Heart & Lungs

24	The Circulatory System	83
25	The Heart	87
26	Blood	90
Spe	cial Feature Blood—Who Needs It?	93
27	The Respiratory System	94
28	The Lungs	97

Unit 6: Skin & Immunity

29	The Skin	
30	Cross-section of Skin	
31	Fingerprints	
32	The Immune System	
33	Genetics	
Spe	cial Feature Gregor Mendel	
34	Body Poster: Final Project	
35	Conclusion	
Glossary		
Cha	llenge Glossary	
Index		
Photo Credits		

65

82

100



Welcome to GOD'S DESIGN®

LIFE



You are about to start an exciting series of

lessons on life science. God's Design[®] for Life consists of three books: The World of Plants, The World of Animals, and The Human Body. Each of these books will give you insight into how God designed and created our world and the things that live in it.

No matter what grade you are in, third through eighth grade, you can use this book.

3rd–5th grade

Read the lesson.

Do the activity in the light blue box (worksheets will be provided by your teacher).



Test your knowledge by answering the **What did we learn?** questions.



Assess your understanding by answering the **Taking it further** questions.

Be sure to read the special features and do the final project.

There are also unit quizzes and a final test to take.

6th–8th grade

Read the lesson.



Do the activity in the light blue box (worksheets will be provided by your teacher).

B V

Test your knowledge by answering the **What did we learn?** questions.



Assess your understanding by answering the **Taking it further** questions.



Do the Challenge section in the light green box. This part of the lesson will challenge you to do more advanced activities and learn additional interesting information.

Be sure to read the special features and do the final project.

There are also unit quizzes and a final test to take.

When you truly understand how God has designed everything in our universe to work together, then you will enjoy the world around you even more. So let's get started!

6 • The Human Body

UNIT

Body Overview

- 1 The Creation of Life 8
- 2 Overview of the Human Body • 10
- 3 Cells, Tissues, & Organs 14
- Oescribe the function of the major organ systems in the human body.
- Explain how cells, tissues, organs, and systems are related.



The Creation of Life

God created them male and female.

How is man different from the rest of the creatures God created?

After God created the Earth, plants, sun,

moon, stars, and animals, He created man. God spoke the entire universe into existence, but He made man out of the dust of the ground with His own hands and breathed life into his body. God created man to be His companion and friend. The special relationship that man has with God is unique in all of creation.

God also made a woman for man so he would not be alone on the Earth. God made woman from a rib taken from the side of man, and together He charged them with caring for the world He had created.

Fun Fact

There are over 7 billion people alive on the Earth and each one of them is unique and created in God's image.

God gave man and woman wonderful bodies. It has taken scientists thousands of years to even begin to understand the complexity of the human body. Even today, with all of the technology available to us, we have only a small understanding of how everything in the human body really works.

As you study the lessons in this book and learn more about how your body was designed and how it works, remember that God made you special. God wants you to have a relationship with Him. 🖑

🛞 What did we learn?

- On which day of creation did God make man?
- In whose image did God create man?
- According to Genesis 1:26, over what were man and woman to rule?

🔊 Taking it further

Since we are created in God's image, how should we treat our bodies?

🛃 Self-portrait

Read Genesis 1–2. Discuss how God created humans and why He created them. Then read Psalm 139:13–18. Discuss how God knew each of us even before we were born. Remember that He loves us and has a plan for each of our lives. Write the words "God Made Me Special" at the top of a sheet of drawing paper. Then using a mirror, try and draw a self portrait.

🙉 Body systems

There are eleven recognized systems in the human body. We will be studying eight of those systems in some detail in this book and will briefly look at the other three. On a piece of paper, list as many of the body's systems as you can. Then write a short description of what each system does. Which system do you know the most about? Which system do you know the least about? Which system is the most interesting to you?