

Contents

Preface to the Second Edition	7
Introduction: Seasons of My Heart	13
Spring: Season of Renewal	19
1. Celebrating Life.....	31
2. Changing My Will.....	45
3. Beside Still Waters.....	57
Summer: Season of Response	71
4. Building Your House.....	83
5. Planning to Live.....	95
6. Surprised by Joy.....	109
Fall: Season of Resolve	123
7. A Touch of Sympathy.....	135
8. Freedom from Guilt.....	151
9. Living with Discipleship.....	165
Winter: Season of Reflection	181
10. Prayers from Home.....	193
11. Light in the Darkness.....	207
12. Enduring with Grace.....	221
Postscript	237