

***Created To Be His Help Meet***  
***Discover How God Can Make Your Marriage Glorious***  
**By Debi Pearl**

**TABLE OF CONTENTS**

Introduction

**Once Upon a Time - God's Plan**

**PART 1 - THE HELP MEET**

**1. God's Gift**

So He Isn't Mr. Right  
God's Gift to Man  
The Gift Received  
God Hasn't Changed His Mind  
Your Divine Calling

**2. A Merry Heart**

One Ugly Hillbilly!  
The Desperate Wife  
Cherished

**3. A Thankful Spirit**

A Merry Heart vs. Poor-Me Attitude  
Contentment  
Practice Makes Perfect  
The Queen of His Heart

**4. Thanksgiving Produces Joy**

My Jolly Playmate  
Make Love Fun  
From This Day Forth  
Gratefulness

**5. The Gift of Wisdom**

The Eternal Vision  
What Does the Bible Say?  
God's Blueprint for Marriage  
You Think I'm Some Kind of Spiritual Giant?

**6. Beginning of Wisdom**

Fear  
Disappointed Old Failures  
The Crazy Lady  
Practice Makes "Awful" Perfectly Awful

**7. Wisdom – While There is Yet Hope**

Please Listen to Me, Young Mother  
Alone  
A New Breed of Women  
You Poor, Dumb Man  
What Did You Practice Today?

**8. Wisdom to Understand Your Man**

Three Kinds of Men  
Mr. Command Man  
Mr. Visionary  
Learn to Enjoy the Trip

Mr. Steady  
Joys and Tribulations  
Know Your Man  
“Ruination” Wife’s Summary  
Successful Wife’s Summary

**9. Finding Your Life in His**

Memories That Matter  
The CPA  
His Express Image

**10. Reactions Define You**

Wisdom Test

**11. The Nature of Man and Woman**

God Made Them That Way  
The Woman Was Deceived  
Beautiful, Deceived Dreamers  
Adam Knew  
The Jezebel Profile

**12. By Divine Appointment**

Limitations God Put Into Place  
Marriage Made in Heaven

**13. The Great Mystery**

Queen for the Day  
Play It Again, Sue  
Eve Has Many Sisters  
The Promise  
Comfort Zones  
Earning His Trust

**14. King and Kingdoms**

Don’t Mess My Hair  
Not Fair  
The Tale of the Purple Flowers PJ Girl

**PART 2 – TITUS 2**

Eight Practical Game Rules

**15. To Be Sober – 1**

Common Sense  
Rude, Insensitive Jerk  
Just a Meal Idea  
What Is a Cold Dinner?  
Liberated to Sorrow  
How to Be a Good Wife Today  
I’m About to Have a Nervous Breakdown  
Personal Shrines  
Mountain Ma and Pa

**16. To Love Their Husbands – 2**

A Normal Guy  
Frame of Reference  
Your God – Ordained Ministry  
His Arms Are My Arms  
Blaspheming the Written Word of God  
A Matter of Physiology  
Hormones 101

Awake, My Beloved  
A Great Big Thank-You  
Sexual Perversions

**17. To Love Their Children – 3**

Let the Children Lead Them  
I Don't Want To Be Like Mama  
Seeking Something Higher Than God  
Raising Cows or Kids  
Mama, Why Am I So Dumb?  
Will the REAL Mama Please Stand Up  
The Hall

**18. To Be Discreet – 4**

Seek to Be Courteous  
Seek to Be Honest  
Seek to Be Gracious  
Twelve Questions a Wife Can Ask That Will Tear Down Her House

**19. Chaste – 5**

Looking For a Hidden Treasure  
Modesty  
What About Pants?  
Bad Bob  
I Am My Brother's Keeper

**20. Keepers At Home – 6**

The Keeper  
Whom Do I Obey?  
Leaving Home by Phone, E-mail, and Chat Rooms

**21. Good – 7**

Good Is As Good Does  
The Crown  
The Ball and Chain Woman  
Ridin' -the-Line Lady  
A Good Woman is Prudent  
A Standard Dumb-Cluck Test  
A Good Woman is Crowned With Knowledge  
A Good Woman is a Prudent Woman  
A Good Woman is Virtuous  
A Good Woman is a Doing Woman  
A Good Woman is Not a Fool  
Traits of a Good Woman

**22. Obedient To Their Own Husbands**

How To Win Your LOST Husband  
God Gives Us Hope and a Plan in 1 Peter 3  
My Friend, the Queen  
How To Minister To a MAD Husband  
Another Kind of Anger  
The Wife Does Make a Difference  
Encouragement vs. Sympathy  
Is There Yet Hope?  
Three Key Issues (Remarriage, Birth Control, Head Coverings)  
Learning to Make An Appeal

**23. To Obey or Not To Obey – *That is the Question***

Throwing Rocks

When Not To Obey – Exception Clause

**Michael Pearl Contributes:**

All Authority Belongs to God

Spheres of Authority

Jesus Taught Spheres of Authority

The Husband's Sphere of Authority

Where is the Line?

Enduring Suffering Wrongfully

**Practical Examples**

Sodomite Predator

Cross-Dressing

Thievery

False Tax Returns

My Husband Doesn't Want Me to Go To Church

The Bottom Line

Abigail's Story

**24. Heirs Together On the Grace of Life**

Sarah the Beautiful

God Chose a Woman

When Two Become One

Heirs Together of the Grace of Life

I Stand Amazed

Early Roots

From a Thankful Help Meet

I Am His Water

In Closing

Scripture