



LIFE·PAC®

Science



Alpha Omega Publications®

SCIENCE 106

GROWING UP HEALTHY

CONTENTS

I. GROWING	2
Plants and Animals Grow	2
Your Body Grows	6
You Grow	8
II. EATING AND SLEEPING	14
Healthy Food	14
Enough Sleep	20
III. EXERCISING	24
Run, Skip, Jump, Walk	26
Special Exercises	28

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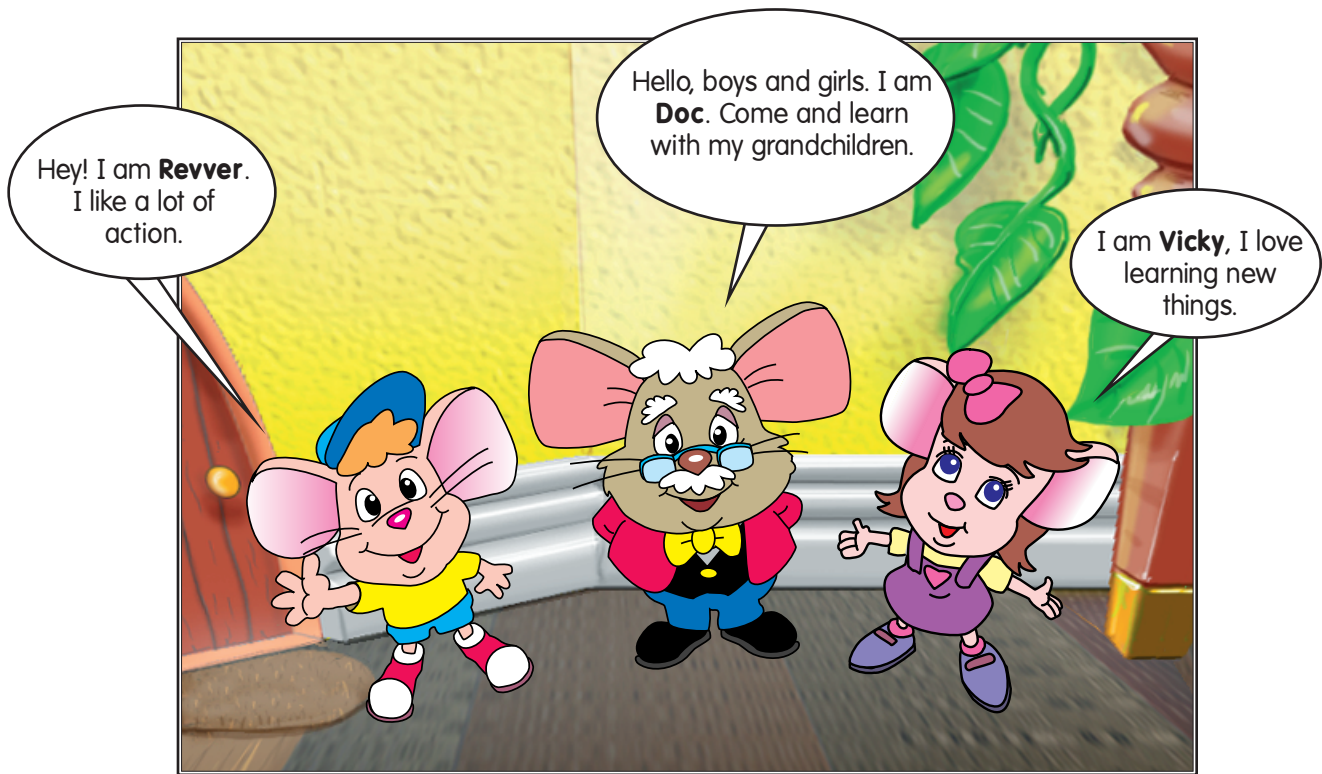
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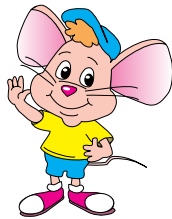
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Learn with our friends:



When you see me, I will help your teacher explain the exciting things you are expected to do.



When you do actions with me, you will learn how to write, draw, match words, read, and much more.



You and I will learn about matching words, listening, drawing, and other fun things in your lessons.

GROWING UP HEALTHY

Meet Dan.

Dan will go with you
through this LIFEPAK®.

Dan will help you see
how things grow.

Dan will help you learn
how to grow up healthy.



Objectives

1. I can name three things that grow.
2. I can tell two ways that I am growing.
3. I can name five foods that are good for me.
4. I can show two exercises that are good for me.
5. I can tell how much sleep I need.

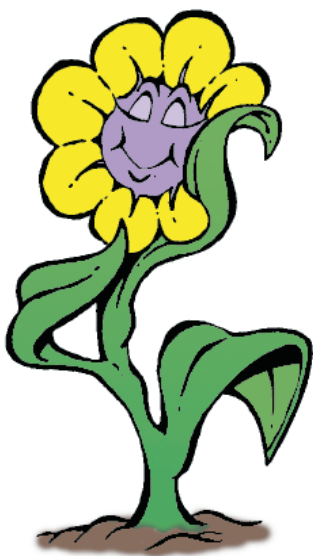
I. GROWING

All living things grow.
Plants grow.
Animals grow.
People grow.



PLANTS AND ANIMALS GROW

Look at the seed.
Dan put the seed
in the garden.



Dan watered the seed.
The seed grew.
The seed grew into
a plant.

Look at Tat.
Tat is Dan's kitten.
Tat is growing.
As Tat grows,
she gets bigger.
Soon Tat will be a cat.



Match the small plant or animal to what it will be when it grows bigger.



What's for Lunch?

Sunshine and rain
Will help grow a plant.
But the rain and the sun
Cannot grow an ant.

Like all other animals
Ants need to eat.
For children and ants
A picnic's a treat.

Sometimes I wonder
Just what the ants munch
On all of the days
That I stay home for lunch.

