

Contents

Introduction 9

1. Is It That Time Already? 15
2. Before You Walk Out That Door . . . 29
3. You Say Good-Bye, but He Says Hello 45
4. Saying Hello to Pleasing God 57
5. You're Welcome to Stay, But . . . 69
6. Thanks, I'd Like to Stay, If . . . 83
7. Should Your Home Become a Halfway House? 101
8. Wisely Navigating the Money Maze 117
9. Marriage: Our Dreams, Their Dreams 133
10. Your New Math: Adding by Subtracting 149

Conclusion: It Still Hurts Because You Never Stop
Being a Parent 163

Appendix A: Resolving Conflict with In-Laws 169

CONTENTS

Appendix B: Role Reversal: Children Caring
for Parents 175

Appendix C: The Best News Ever 181

Appendix D: Sample Contracts with Your
Young Adults 189

Notes 193

Resources for More Help 207