## LESSON 1

New: The Parts of This Book

## Exercise 1

First Language Lessons
for the Well-Trained Mind
$\qquad$
$\qquad$ $\square$
$\qquad$
Level 3
$\qquad$
$\qquad$

## Exercise 2

by Jessie Wise and Sara Buffington
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$\qquad$
$\qquad$

## Optional Dictation Exercise

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## LESSON 2

## New: Nouns

## Exercise 1

hunger
excitement
sadness

## Exercise 2

When I lost my favorite toy, I was filled with $\qquad$ -.

I trembled with $\qquad$ as I opened my biggest
birthday present.

My stomach made loud, rumbling noises because of
my $\qquad$ .

## Dictation Exercise

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## Optional Follow-Up

## Nouns

## LESSON 3

New: Forming Plurals the Usual Way
Review: Nouns

## Exercise 1

| Person | Place | Thing | Idea |
| :---: | :---: | :---: | :---: |
| child | room | pencil | love |
| mother | street | toy | anger |

## Exercise 2

firefighter
store
paper
peace
car
nurse
kindness
town

| Person | Place | Thing | Idea |
| :---: | :---: | :---: | :---: |
|  |  |  |  |
|  |  |  |  |

## Exercise 3

bee
bees

The other bees in the hive feed the queen bee.
cloud
clouds
One cloud was bigger and darker than the other clouds.
daughter
daughters
My mother has three daughters, and I am the youngest daughter.

## Exercise 4

A hummingbird is a very tiny bird.
Some hummingbirds build nests the size of walnuts and lay eggs the size of peas.

## Exercise 5

The evening star is brighter than the other stars.

The oldest boy helped the younger boys.

That river joins two other rivers that flow to the sea.
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$\qquad$
$\qquad$

A bird in the hand is worth two birds in the bush.

## LESSON 4

New: Forming Plurals of Words That End in S, SH, CH, X, or Z
Review: Nouns
Review: Forming Plurals the Usual Way

## Exercise 1

| Person | Place | Thing | Idea |
| :---: | :---: | :---: | :---: |
| child | room | pencil | love |
| mother | street | toy | anger |
| firefighter | store | paper | peace |
| nurse | town | car | kindness |

## Exercise 2

button
park
honesty
playmate

| Person | Place | Thing | Idea |
| :---: | :--- | :--- | :--- |
|  |  |  |  |

## Exercise 3

arm_
$\qquad$
leg $\qquad$
painter $\qquad$ pond____
chair $\qquad$

## Exercise 4

s
sh
ch

X

Z

## Exercise 5

> bus
buses

The empty bus arrived before the other buses.
bus $\qquad$
dish
dishes
Do not drop a dish when you are washing the dishes.
dish $\qquad$
inch
inches
Thirteen inches is the same as one foot plus one inch.
inch $\qquad$
box
boxes

Wait until you have opened the other boxes before you open the big box.
box
buzz
buzzes

In the game you may move one space when you hear one buzz and three
spaces when you hear three buzzes.
buzz

## Exercise 6

1. My favorite glass is part of a set of colored glasses.
(Exercise 6 continues on the next page.)

## Exercise 6 (continued)

2. A peach is a popular fruit in America, but peaches originally came from China.
3. Foxes have such good hearing that a red fox can hear a mouse squeak one hundred feet away.
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$\qquad$
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$\qquad$
$\qquad$
4. Your brush probably has bristles made of nylon, but some brushes are made from the hair of pigs, camels, or squirrels.
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## LESSON 5

New: Forming Plurals of Nouns That End in Y
New: Irregular Plural Nouns
Review: Forming Plurals the Usual Way
Review: Forming Plurals of Words That End in S, SH, CH, X, or Z

## Exercise 1

baby
babies

## Exercise 2

| Singular Noun | Change to a Plural Noun |
| :---: | :--- |
| penny |  |
| lady |  |
| sky |  |
| fly |  |

## Exercise 3

day
days

## Exercise 4

| Singular Noun | Change to a Plural Noun |
| :---: | :--- |
| boy |  |
| key |  |
| toy |  |
| tray |  |

## Exercise 5

| Singular Noun | Irregular Plural Noun |
| :---: | :---: |
| child | children |
| foot | feet |
| tooth | teeth |
| man | men |
| woman | women |
| mouse | mice |
| goose | geese |
| deer | deer |
| fish | fish |

## Optional Dictation Exercise

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$\qquad$
$\qquad$
$\qquad$
 2.


## LESSON 6

New: Common and Proper Nouns
Review: Forming Plurals

## Exercise 1

| Singular Noun | Change to a Plural Noun |
| :---: | :--- |
| book |  |
| pan |  |
| class |  |
| watch |  |
| city |  |
| story |  |
| monkey |  |
| puppy |  |
| sock |  |
| turkey |  |

## Exercise 2

1. I am a $\qquad$ .
2. My name is $\qquad$ .
3. Some proper names in my family are:
[Instructor]
[Student]
$\qquad$ [Instructor]
[Student]
[Instructor]
$\qquad$ [Student]
$\qquad$
[Instructor]
[Student]
(Exercise 2 continues on the next page.)

## Exercise 2 (continued)

4.I live in
$\qquad$ [Student]
5. My pet is a $\qquad$ .
The name of my pet is $\qquad$ .

## Optional Dictation Exercise

## LESSON 7

New: Pronouns

## Review: Common and Proper Nouns

## Exercise 1

## Pronouns

I, me, my, mine
You, your, yours
He, she, him, her, it
His, hers, its
We, us, our, ours
They, them, their, theirs

## Exercise 2

1. George Washington was the first president of the United States. $\qquad$
2. The Roman Empire was divided into two parts. $\qquad$
3. Mother read the tale called The Adventures of Spider to my sister and me. $\qquad$
4. The Battle of Hastings was an important event in England's history.
5. April showers bring May flowers. The child gave the flowers to her friend. $\qquad$
6. Empress Theodora was the wife of Justinian, who ruled the Byzantine Empire. $\qquad$
(Exercise 2 continues on the next page.)

## Exercise 2 (continued)

7. That game is Carla's and mine. $\qquad$
8. The Smith family's car is blue. $\qquad$
9. One of Galileo's discoveries was that the moon shone by reflecting the light of the sun. $\qquad$
10. You and I are able to cool ourselves by sweating and warm ourselves by exercising. $\qquad$
11. One reason that the first Queen Elizabeth did not marry is that she wanted decisions to be solely Queen Elizabeth's. $\qquad$
12. Pinocchio, a book written by Carlo Collodi, teaches us that lying is wrong. $\qquad$
13. King Ferdinand and Queen Isabella gave Columbus ships and supplies for his journey across the seas. $\qquad$
14. My older brother read my sister's and my copy of Pilgrim's Progress to Jane. $\qquad$
15. No two people have the same fingerprints. Mine are different from my sister's and brother's. $\qquad$

## Dictation Exercise

## LESSON 8

Review: Common and Proper Nouns<br>Review: Plurals<br>Review: Pronouns

## Exercise 1

fork

## Exercise 2

glass
dish
inch
$\qquad$
box
$\qquad$
buzz

## Exercise 3

story

## Exercise 4

toy

## Exercise 5

## Pronouns

I, me, my, mine
You, your, yours
He, she, him, her, it
His, hers, its
We, us, our, ours
They, them, their, theirs

## How Animals Use Their Tails

Many animals have tails, and (1) animals use their tails in different ways. The squirrel uses (2) the squirrel's tail to help it balance in the treetops. Crocodiles use their spiked tails to help (3) crocodiles swim through the water. (4) Crocodiles' tails also help them to knock small animals into water where they can be easily captured. A mother rabbit's tiny white tail guides (5) the mother rabbit's babies, or kits, through bushes and tall grasses. (6) The mother rabbit will lead her kits back to the safety of the burrow. The male peacock uses (7) the male peacock's tail feathers to attract a female. (8) The male peacock will spread his colorful feathers and parade in front of a female peacock. The beaver has a flat tail. (9) The beaver uses its tail to pat down mud to make its home.

## Optional Dictation Exercise

## LESSON 9

## Introduction to Poem Memorization: "The Land of Nod"

## The Land of Nod <br> by Robert Louis Stevenson

From breakfast on all through the day
At home among my friends I stay; But every night I go abroad Afar into the land of Nod.

All by myself I have to go, With none to tell me what to doAll alone beside the streams And up the mountainsides of dreams.

The strangest things are there for me, Both things to eat and things to see, And many frightening sights abroad Till morning in the land of Nod.

Try as I like to find the way,
I never can get back by day,
Nor can remember plain and clear
The curious music that I hear.
(This lesson continues on the next page.)

My instructor read the title, the author, and the poem to me. We talked about its meaning.

Next we read the poem three times during the lesson.
$\square$ one
$\square$ two
$\square$ three
Later in the day we read the poem three times.
$\square$ one
$\square$ two
$\square$ three
And then we read the poem three more times.
$\square$ one
$\square$ two
$\square$ three

## Optional Dictation Exercise

## LESSON 10

New: Action Verbs

## Exercise 1

## Active Animals <br> Anonymous

The monkey swings.
The robin sings.
The cow moos.
The dove coos.
The cat stretches.
The dog fetches.
The camel walks.
The tiger stalks.
The mouse scurries.
The ant hurries.
The bear growls.
The wolf howls.
The lion roars.
The eagle soars.

## Exercise 2

1. The worm wriggles in the dirt.
2. The parents laugh at the child's joke.
3. I snuggle next to my mom.
4. My sister sneezed.
5. My rabbit nibbles his food.
6. The bird flew over the house.
7. The squirrel climbs up a tree.
8. The deer runs through the woods.

## Exercise 3

> Verbs
> by Eleanor Farjeon

Nouns are things I see and touch,
My cake, my mother, and my ball;
I like some nouns very much,
Though some I do not like at all.
Verbs are the things I do, and make,
And feel, in one way or another.
Thanks to verbs, I eat my cake,
And throw my ball, and hug my mother.
Yet verbs, which make me laugh and play,
Can also make me cry and fall,
And tease my mother every day,
And spoil my cake, and lose my ball!

## Dictation Exercise

## LESSON 11

New: Definition of a Sentence
New: Sentences (Diagramming Subjects and Action Verbs)

## Exercise 1

Emily sings.

Bubbles float.

Dogs bark.

## Exercise 2



## Exercise 3

Bubbles float.


## Exercise 4

1. Birds fly.

2. Children run.

3. He giggles.


## Optional Dictation Exercise

## LESSON 12

## Introduction to Narration: "Bats"

## Bats

Bats are very strange little animals, having hair like mice, and wings like birds. During the day, they live in cracks of rocks, in caves, and in other dark places.

At night, they go forth in search of food; and no doubt, you have seen them flying about, catching such insects as happen to be out rather late at night.

The wings of a bat have no feathers. They are only thin pieces of skin stretched upon a framework of bones. Besides this, it may be said that while he is a quadruped, he can rise into the air and fly from place to place like a bird.
(This lesson continues on the next page.)
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 $\longrightarrow$


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New: Adjectives
Review: Sentences

## Exercise 1

Nathan yelled.

## Exercise 2

She looked.


## Exercise 3

brown dog
chubby dog
short dog
friendly dog
wet dog
playful dog

## Exercise 4

Adjectives tell

- what kind
- which one
- how many
- whose


## Exercise 5

this dog
that dog
these dogs
those dogs

## Exercise 6

first dog
second dog
next dog
last dog

## Exercise 7

one dog
two dogs
forty-three dogs
Exercise 8
many dogs
several dogs
all dogs
both dogs
some dogs
another dog
each dog
more dogs
most dogs
other dogs
Dictation Exercise

## LESSON 29

New: Direct Objects (with Diagramming)

## Exercise 1

Leroy kicks.

## Exercise 2

Leroy kicks rocks.

## Exercise 3

Ted cracked peanuts.

Mary kissed Mother.
Bethany scrubbed dishes.

We invited guests.

## Exercise 4

Leroy kicks rocks.

| Leroy | kicks | rocks |
| :--- | :--- | :--- |
|  |  |  |

## Exercise 5

1. Ted cracked peanuts.

2. Mary kissed Mother.

3. Bethany scrubbed dishes.

4. We invited guests.


## Optional Dictation Exercise

Jane Addams started a program in 1889 to help people who had come to live in America from other countries. Newcomers came to live at a mansion called Hull House where they could study, learn crafts and skills, and live in a safe, healthy place. Although Jane Addams helped all kinds of people, she particularly cared for children and women.
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Review: Subjects, Verbs, Adjectives, Adverbs, and Direct Objects

## Exercise 1

John stirs soup.


Helpful John stirs soup.


Helpful John stirs hot soup.


Helpful John stirs hot soup slowly.


## Exercise 2

Spiders spin webs.


Most spiders spin webs.


Most spiders spin sticky webs.


Most spiders spin sticky webs beautifully.


## Exercise 3

Trish eats squid.


Bold Trish eats squid.


Bold Trish eats fried squid.


Bold Trish eats fried squid downstairs.


## Exercise 4

Mothers rock babies.


Many mothers rock babies.


Many mothers rock tiny babies.


Many mothers rock tiny babies daily.


## Optional Follow-Up

Ostriches lay eggs.


Tall ostriches lay eggs.


Tall ostriches lay enormous eggs.


Tall ostriches lay enormous eggs here.


## Optional Follow-Up (continued)

Lions chase ostriches.


Fearsome lions chase ostriches.


Fearsome lions chase speedy ostriches.


Fearsome lions chase speedy ostriches sometimes.


## LESSON 47

Review: Four Kinds of Verbs
Review: Direct Objects, Predicate Nominatives, and Predicate Adjectives

## Exercise 1

Barb shook the blanket.

Cory forgave Greta.

Pedro licked a lollipop.


## Exercise 2

Birds will chirp.
A flower has bloomed.
Bees have built a hive.

## Exercise 3

I am.
He was here.
Our parents were in the kitchen, too.

## Exercise 4

The verbs am, is, are, was, were, be, being, been can either

- help another verb
- show a state of being
- link two words together


## Exercise 5

I am singing.
I am.

I am happy.

## Exercise 6

Fleece is $\qquad$ .

Gorillas are $\qquad$ .

The macaroni was $\qquad$ .

## Exercise 7

Dancers are graceful.

| Dancers | are $\searrow$ graceful |
| :--- | :--- |
|  |  |

## Exercise 8

I am a boy.
I am a girl.

## Exercise 9

Orlando is a city.


## Dictation Exercise

## Optional Follow-Up

Spring is showery, flowery, bowery;
Summer is hoppy, croppy, poppy;
Autumn is wheezy, sneezy, freezy;
Winter is slippy, drippy, nippy.

## LESSON 53

## Review: Prepositional Phrases

## Exercise 1

I drive the car with the dent.


## Exercise 2

1. We read a story about bears.

2. Shady paths in the woods are cool.

3. The lamp near the sofa is blue.

4. Those pancakes on the griddle burned.

5. He lost the key to his car.


## Exercise 3

In a treasure chest on the large, wooden ship across the harbor near the town, you will find a necklace with sparkling diamonds on it for the most beautiful queen in the whole world.

## LESSON 70

New: Indirect Quotations

## Review: Direct Quotations

## Exercise 1

Betty asked, "May we make cookies?"
Mother said, "Get out the ingredients."
Ralph stated, "We will use butter, flour, and sugar."
Betty exclaimed, "Sugar cookies are my favorite!"

## Exercise 2

1. Betty asked, "May we make cookies?"
2. Mother said, "Get out the ingredients."
$\qquad$
$\qquad$
$\qquad$
$\qquad$
3. Ralph stated, "We will use butter, flour, and sugar."
4. Betty exclaimed, "Sugar cookies are my favorite!"
$\qquad$
$\qquad$


## Exercise 3

"May we make cookies?" Betty asked.
"Get out the ingredients," Mother said.
"We will use butter, flour, and sugar," Ralph stated.
"Sugar cookies are my favorite!" Betty exclaimed.

## Exercise 4

1. "May we make cookies?" Betty asked.
2. "Get out the ingredients," Mother said.
3. "We will use butter, flour, and sugar," Ralph stated.
$\qquad$
$\qquad$
$\qquad$
4. "Sugar cookies are my favorite!" Betty exclaimed.

## Exercise 5

1. "May we make cookies?" Betty asked.

Betty asked if Mother would let her and Ralph make cookies.
2. Mother said, "Get out the ingredients."

Mother told Betty to get out the ingredients.
3. "We will use butter, flour, and sugar," Ralph stated.

Ralph said that they would use butter, flour, and sugar to make the cookies.
4. Betty exclaimed, "Sugar cookies are my favorite!"

Betty exclaimed that sugar cookies were her favorite.

## Optional Follow-Up

1. "The only thing we have to fear is fear itself," asserted Franklin Roosevelt.
2. Christina Rossetti stated, "There is no friend like a sister."
3. Socrates exclaimed, "How many things I can do without!"
4. "The supreme happiness in life is the conviction that we are loved," said Victor Hugo.
5. Henry David Thoreau once said, "Our life is frittered away by detail ... Simplify, simplify."

## WRITING LETTERS LESSON 4

Friendly Letter Rough Draft
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