About the author of this book:

WILLIAM O. DOUGLAS developed a love for mountains early in life. A severe attack of infantile paralysis left his legs almost helpless, but he determined to try hiking in an effort to put strength back into his wasted legs. From the time he was twelve he went off for hikes in the foothills of Washington whenever possible. The cure was successful, and it increased his appreciation for the rugged, majestic mountains of the Pacific Northwest.

A few years later, Mr. Douglas had a sudden impulse to give up his studies at Columbia Law School in the stifling atmosphere of New York City and follow a vagabond friend back West. However, he resolutely chose the law school, a course which eventually led to his appointment as Associate Justice of the United States Supreme Court, where he has made an impressive record. But his love for mountains and the outdoors has persisted, and from one of his innumerable trips to remote corners of the globe has come the material for this book on the Himalaya.